

KES Newsletter

Volume 10

January 16, 2015

Dates to Remember

January 19
In Service/No classes

January 20-February 27
After School Superstar
Camp
(no camp week of 2/17)

January 23
KES School Board of
Directors' Meets
@8:15AM

January 26
Report Cards Go Home

January 31
Game On! Multi sport
clinic for girls
@Dartmouth College

February 2
Grades 3-6 to Castleton
State College Theater

February 3
Grade 4 NAEP Testing

February 16-20
Winter Recess/No
Classes

March 2
In Service/No Classes

March 10
WCSU Band Showcase

March 11
WCSU Band Showcase
alternate date if needed

March 13
Killington Rec. Dept
Dance @KES

March 16-May 29
Summer Soak
Registration period

March 31
3rd Marking Period Ends



Tech Integration in Our School

Check out our tech savvy K/1 class! A couple of times throughout each week, Mrs. Knipes' kindergartners and first graders break out the iPads to review and practice skills taught in an interactive way. Classroom instruction is the key component; designated iPad time supports this instruction. Mrs. Knipes' students work on reinforcing their reading, writing, math, and spelling skills all while using the iPad. When you walk into the room during these times, you may find students reading to themselves, listening to books and stories, and practicing sight vocabulary, math facts, and letter formation on the iPad. With instantaneous response and rewards for success, iPad use increases student engagement, provides immediate feedback, assists with fine motor development and coordination, and allows for differentiated instruction.

Mrs. Knipes finds that purposeful and meaningful use of the iPad with her kindergartners and first graders supports and facilitates their learning and prepares them for the use of technology as they progress from one grade to the next.

Growing Strong Readers

By making time for your child to read and helping her find books that will make her feel confident and successful, you are helping to set the stage for your child to grow into a strong reader. As students read more, they become more proficient in figuring out unknown words, their vocabulary increases, they devise strategies to comprehend, and ultimately, they become rich readers who enjoy reading for pleasure. A gap all too easily grows between those who make time to read independently and those who do not. As time goes by, differences in independent reading volume widen the gap in reading abilities between these students. At KES, teachers make sure children are encouraged to read books that are at their independent reading level, which means, generally, that they can read the book with greater than 95% accuracy. Parents, please help by providing time and space at home where children will

want to pick-up their books and read more on an independent level. If you are unsure of which books to make available to your child, please do not hesitate to contact his teacher for some advice. By encouraging your child to carve out time for reading every day, ideally when he's not too tired, you are helping your child grow into being a strong reader.

Trailblazer Program Begins!

It was a great day for Trailblazers! Everyone came in at the end of the day with big smiles on their faces, and they all were grateful for the day.

With a renewed force of volunteer instructors, the KES Trailblazer Program began yesterday for the 2015 ski and snowboard season. Physical education teacher, Greg LaBella, and professional ski instructor, Tyler Gugliotta, trained more than 30 volunteer coaches in preparation for the nine weeks of leading ski and snowboard groups.

Mark Bergstrom, grandfather of a KES student, singlehandedly, loaded all our skis and snowboards into his truck and transported them to Ramshead before volunteering to coach a ski group!

Thank you to Greg LaBella, Tyler Gugliotta, Mark Bersgtrsom, Susan Clarke, Chris Clarke, Sheila Pilsmaker, Amy Lisi, Killington/KES liaison Eunice MacDonald Rice, Ray Rice, Adaptive Ski and Sports, Killington Ski Resort, and all of our committed, terrific volunteer instructors for bringing the Trailblazer Program to our students once again!

Trailblazer Safety Guidelines Presentation

Students in kindergarten through sixth grade attended a ski/snowboard assembly on Monday, June 12th in preparation for the first KES Trailblazer Day. Areas of focus included ski day attire, ski day procedures, and ski and snowboard safety. The expectation is that all students will adhere to rules on the mountain and demonstrate respectful, responsible, and safe behavior at all times. Parents are reminded that pick-up is at 3:30 pm in Ramshead Lodge, and a parent or designated adult MUST sign out each child.

Loren M. Pepe, Principal



**After School Camp Starts Soon
by Allison Naugle, Camp Coordinator**

The much-anticipated KES Superstar Camp, our new and exciting free after-school program, kicks off its first session on Tuesday, January 20th in the KES cafeteria. Our program will run from 3-5PM on Mondays, Tuesdays, Wednesdays and Fridays for the next 5 weeks (Tuesday, January 20th- Friday, February 27th).

As part of the program, students will receive snack, have expanded learning time, participate in an outdoor recreation activity, and have various opportunities for academic enrichment in the areas of Readers' Theater, Art & Technology, Leadership in Play, and Adventures in Story-Telling. The teachers leading this program are Greg Labella, Eileen Vaughn, Lisa Laird, Sandy Farbman, and Allison Naugle.

If you are interested and have not yet signed your child up for this session, there is still room! Please contact Allison Naugle by phone (422-3366 x217) or by e-mail (anaugle@wcsu.net) if you would like to sign your child up for the Monday & Wednesday or Tuesday & Friday slot.

We are all so excited for the start of this program!

Health Room News

The "flu", also called Influenza, is a very contagious respiratory disease caused by a virus. It starts around November and is usually seen through March. It can be mild in nature or very severe, requiring hospitalization. It is different from a cold in that it usually comes on suddenly. Common symptoms of the flu are as follows:

- *Fever or feeling feverish with chills-not everyone will have a fever
- *Cough
- *Sore throat
- *Runny or stuffy nose
- *Muscle and body aches
- *Fatigue (tiredness)
- *Headache
- *Children may have vomiting or diarrhea, not common in adults.

Usually when a person gets the flu they can recover in a few days or up to 2 weeks. However, pneumonia is a complication of the flu and can be life-threatening. Other complications from getting the flu are bronchitis, sinus infections, and ear infections. The flu can also make certain health conditions worse. For example, adults and children who have asthma will most likely have more asthma attacks because of having the flu.

Flu is spread to others up to 6 feet away by droplets when a person sneezes, coughs or talk. Another way the virus spreads, though not as common, is through touching surfaces with the flu virus and then touching your mouth, nose, or eyes. Washing hands or using alcohol-based hand rub is the single best method for preventing spread of the flu.

Those at higher risk for getting the flu are the elderly, people who have chronic medical conditions, pregnant women, and young children. Influenza is unpredictable, it varies from person-to-person and one season to another. Vaccination is one of the best ways to avoid the illness.

If you or your child gets the flu please stay home until the fever is gone without the use of medicine for at least 24 hours. Limit contact with others and wash your hands often.

Please

see http://www.cdc.gov/flu/pdf/freeresources/family/a_flu_guide_for_parents.pdf for further information for parents and having a child with influenza.

Killington Arts Guild News

The New Show titled 'Spring Promise' starts Friday, February 13th with an

Opening Reception from 5:00 to 7:00 PM. The show will close on May 17th.
KILLINGTON ARTS GUILD / 2363 ROUTE 4 / KILLINGTON, VERMONT
05751

**GAME ON Multi Sport Clinic for Girls
hosted by Dartmouth Athletics**

Saturday, January 31st, 10-12, at Leverone Fieldhouse

Event is free and open to all girls in grades k-8 and includes a complimentary ticket to the Dartmouth women's basketball game vs. Yale on Friday, February 6th, and the Dartmouth women's hockey game vs. Yale on Saturday, February 7th.

To register for the clinic, visit: dartmouthsports.com/NGWSDclinic.

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