

## Dates to Remember

May 7  
Spring Concert @ 6:30pm

Teacher Appreciation Day

May 8  
PEAKS Meeting @KES  
@8:15 AM

School Nurse  
Appreciation Day

May 11  
Girls On The Run 5K @ 10  
AM @ Castleton  
University

Cub Scouts (boys and  
girls k-6th) Pine Wood  
Derby and Breakfast @ 9  
AM @ Woodstock  
Masonic Hall  
Get information on  
scouting!

May 13 - 17  
Grade 6 @ Nature's  
Classroom

May 21  
Free Parenting Class  
Children and Self-Esteem  
5:30 - 7 PM

May 24  
Memorial Day  
Commemoration  
@ KES @ 2PM

May 30 & 31  
Grade 5 to Boston

June 3  
KES Step Up Day  
8:30 - 9:00

Annual KES Field Day and  
Pot Luck Picnic  
Rain Date: June 6th

June 10  
KES Sixth Grade  
Graduation @ 9AM

June 11  
Last Day of Classes

July 1 -26  
Summer SOAK

## Congratulations Shayna Kalnitsky & Welcome Mercy Grinwold

The Windsor Central Supervisory Union is very fortunate to have gifted educators who are multi-talented. I am pleased to announce that our very own Ms. Shayna Kalnitsky will be an instructional coach for Killington Elementary School, Barnard Academy, and Reading Elementary School starting in the 2019-20 school year. She will be collaborating with colleagues with the intent to maintain and strengthen content knowledge and professional practice for the benefit of all WCSU students. Thank you, Shayna, for your dedication to education!

Welcome, Mercy Grinold, to KES as grade four teacher beginning school year 2019-20. Mercy comes to KES from The Prosper Valley School with 14 years of experience teaching elementary school in our district. She has been collaborating with KES teachers through studies at the Vermont Institute of Science and during math professional learning opportunities. We are very excited to include Mercy in the KES teaching family and look forward to introducing her to the greater community. Please join me in welcoming Mercy to KES!

## Volunteer Appreciation Breakfast and Grade 4 Sugaring Celebration!

It was a wonderful morning of food, friends, and conversations as we hosted the very much appreciated volunteers who enrich our learning experiences at KES. Without all of you, PEAKS, Trailblazers, 4 Winds, Sugaring, UVM Math Contest, Starbase, numerous field trips including Grade 5 to Boston, Library Assistants, Guest Speakers, Athletic Coaches, Girls on the Run, and those who are always there when we need anything, you make our school the positive learning climate that we are so proud of everyday! Thank you, from the bottom of our hearts, especially to those who we will be missing in the near future when your children go off to middle school. We are looking forward to another successful celebration next year!

## Representative Jim Harrison enjoyed lunch at KES

On April 29th, our state legislator, Jim Harrison, enjoyed lunch with KES upper grade students and some PEAKS parents and their children. Harrison joined students at the salad bar and in the lunch line for grilled cheese sandwiches and homemade tomato soup. The conversation was lively and we appreciate his spending time at KES.

Thank you Lorelei Danilchick and Rebecca Claffey for dining with the Representative and thank you Gretchen Czaja, WCUD Healthy Foods Educator & Director, for hosting Representative Harrison.

## Mary Guggenberger, Principal

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### Grade 5 Starbase

Throughout March and April, KES 5th graders attended Starbase, a STEM learning program in Rutland. At the completion of our program, the 5th graders reflected on their experiences:

What did you like about Starbase?

"I think Starbase was a great experience for me because they did a few simulations which helped me picture what happened in real life." -Sophia Randolph

"Rocket launching because we got to see how the different force applied to the same rocket could affect how far it went" -Schuyler Hagge

"I really liked the flight simulator where we had to fly over The Pentagon, The Washington Monument, The White House, then land back on the runway. I also liked just walking in and knowing I was going to learn something new."



What did you learn?

"I can actually do science!" -Kaitlyn Burres

"I'm very creative because when we were designing our submarine, I had a very creative sub." -Jake DeCicco

"I learned that some fabrics are hydrophobic, meaning they are water-resistant. Also, I love designing on the computer because I'm not so neat on paper and I like technology." -Schuyler Hagge

"What I learned about myself at Starbase is to never give up because there is always a way to fix things." -Lisanne Talens

"I learned that being a pilot is a lot harder than it looks, and I might want to be a pilot when I grow up." -John Underwood

What will you never forget?

"Starbase is a fun place, but you also get a lot of work done and learn about science in a fun way." -Sophia Randolph



### **KES Free Parenting Series Continues: Tuesday, 5/21**

Parents who have attended the previous free parenting classes at KES have raved about the presenter, Fritz Weiss, and the content of these evenings, 5:30-7 PM. Children & Self-Esteem is the topic and there will be childcare, snacks and door prizes.

Please r.s.v.p to Mrs. Pilsmaker or Mrs. Guggenberger if you plan to attend and if childcare will be needed.

### **GRANDparenting: A Support Group for Grandparents Who are Caring for or Raising their Grandchildren**

Meet & Greet Kickoff Meeting: May 21st 8:30-9:30 AM at the Thompson Senior Center, 99 Senior Ln, Woodstock, VT (across from the high school off Route 4).

Join us for breakfast on Tuesday, May 21st at the Thompson Senior Center to meet the support group facilitators and talk about what a GRANDparenting support group could mean in your life. This kick-off meeting will introduce possible discussion topics that may include nutrition, behavior, legal guardianship, public benefits, therapeutic supports, and more. There will be gift card giveaways for attendees. The ongoing support group will commence in the Fall of 2019, and will meet in the conference room at the SU building at the WUHSMS campus on the second Tuesday of each month, from 11 AM to Noon. This is a collaborative effort with the Woodstock School District, Senior Solutions (area agency on aging), the Mount Ascutney community health team, and the Thompson Senior Center.

### **KES All School Spring Concert is Tuesday 5/7 @ 6:30 PM**

We are all looking forward to the Spring Concert, "You've Got a Friend: A Celebration of Women in Music" at 6:30 pm on Tuesday May 7th. Children should be in their classrooms at 6:15 pm. Expected attire is dress clothes, i.e. no jeans, sweats, or shorts please.

### **Girls on the Run 5K is May 11th! by Holly Getty**

The KES Girls on the Run team has been practicing after school twice a week since February for our culminating 5K event. Throughout the program, led by volunteer coaches Lisa Cueva, Carla Meola, Jodi LeBrun, and Holly Getty, girls have learned about confidence, character, care, connections, competence, and contribution to community and society.



Last Friday April 26th the girls completed a practice 5K in the freezing cold and pouring rain. We ran, walked, skipped, and hopped three laps of Schoolhouse Road. We were even still smiling for a photo after it all! Our 5K with girls from other schools all around central Vermont will be held at Castleton University on Saturday May 11th at 10:00am. For more information about spectating, or even participating in this inspirational event visit the Girls on the Run Vermont website at: <https://www.gotrvt.org/Central-5K> Thanks for your support!

### Health News by Susan Clarke, School Nurse

The measles outbreak going on throughout our country has many parents asking questions about the disease and how to prevent their children from becoming infected with this highly communicable (even deadly) disease. According to the CDC, from January 1 to April 26, 2019, 704 individual cases of measles have been confirmed in 22 states. These cases represent an increase of 78 cases from the previous week. Also significant, this is the highest number of cases reported in the U.S. since 1994 and since the measles was declared eliminated in 2000. The best way to protect your children against measles is to have them receive the vaccination as this is a vaccine-preventable disease. For more information, please see the links below.

Measles Information

[How to Protect Your Child during a Measles Outbreak from HealthyChildren.org](#)

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