



# October Lunch Menu



MON	TUE	WED	THU	FRI
<b>2</b> Beef Casserole w/ Beans, Corn and Cheese Fruit Milk	<b>3</b> Pizza Salad Fruit Milk	<b>4</b> Stir Fry Chicken w/ Veggies and Rice Fruit Milk	<b>5</b> Turkey & Cheese Sliders Soup Vegetable Fruit & Milk	<b>6</b> Plain Pasta & Pasta w/ Red Sauce Salad & Garlic Bread Fruit & Milk
<b>9</b> No Classes	<b>10</b> Egg Frittata w/Sausage Hash Browns Fruit Milk	<b>11</b> Hot Dogs & Beans Cole Slaw Salad & Bread Fruit & Milk	<b>12</b> Mac 'n Cheese Vegetable Fruit Milk	<b>13</b> Chicken Salad Wrap Soup Fruit Milk
<b>16</b> Beef Burrito Bowl w/ Beans and Rice Chips Salsa Fruit Milk	<b>17</b> Fried Rice w/ Vegetable Fruit Milk	<b>18</b> Chicken Parmesan Noodles Vegetable Fruit Milk	<b>19</b> Egg & Cheese Breakfast Sandwich w/ Sausage Fruit Milk	<b>20</b> Pasta Fagioli w/ Sausage Soup Fruit Milk
<b>23</b> Crispy Chicken Wraps w/ Cabbage Slaw Fruit Milk	<b>24</b> Veggie Chili w/ Corn- bread Fruit Milk	<b>25</b> Meatball Subs Salad Fruit Milk	<b>26</b> French Toast Bake Sausage Fruit Milk	<b>27</b> Pasta w/ Lemon Olive Oil & Broccoli Fruit Milk
<b>30</b> Cheese Quesadillas Chips Salsa Fruit Milk	<b>31</b> Linguine w/Garlic & Olive Oil Garlic Bread Salad Fruity & Milk	Note: Daily menu items may be subject to change. Students are advised the day before whenever possible.	Daily Snack options may include: Smoothies, Mini Muffins, Cheese & Crackers, Veggies & Hummus, Fruit & Yogurt	Breakfast \$1.65 Snack \$.50 Drink \$.50 Student Lunch \$2.75 Adult Lunch \$3.35